





The design of modern work environments is increasingly orientated towards wellbeing. FOLLOW by Mara® was born out of this realisation. With its patented mechanical system, the FOLLOW collection's highly versatile and dynamic nature stimulates productivity by placing power back into the hands of the user.

# FOLLOW

Innovative, aesthetic and functional, the FOLLOW range exemplifies the ultimate flexible working environment that caters for offices, communities and everyday life.



With MARA®'s patented Counterbalance system©, whether you like to work standing or sitting, the FOLLOW range has you covered. For added flexibility for the requirements of modern working spaces, look no further than the FOLLOW range.

03 Work without the fuss Need to stow FOLLOW away? FOLLOW's simple folding mechanism provides you with the added flexibility and versatility that you require.



# 01 Collaboration at heart

The FOLLOW Meeting table is designed with the intention of creating the most impactful experiences through collaboration. For a work environment that encourages collaboration, FOLLOW is the answer.

# 02 Tailored for you

With FOLLOW, you can tailor its extensive range of options to suit your own unique needs and requirements.

# O4 Perfect for a range of uses

The adaptability and flexibility of the FOLLOW system makes it an incredibly powerful table system that empowers a wide range of uses and working environments.

# 05 Freedom in the way you work

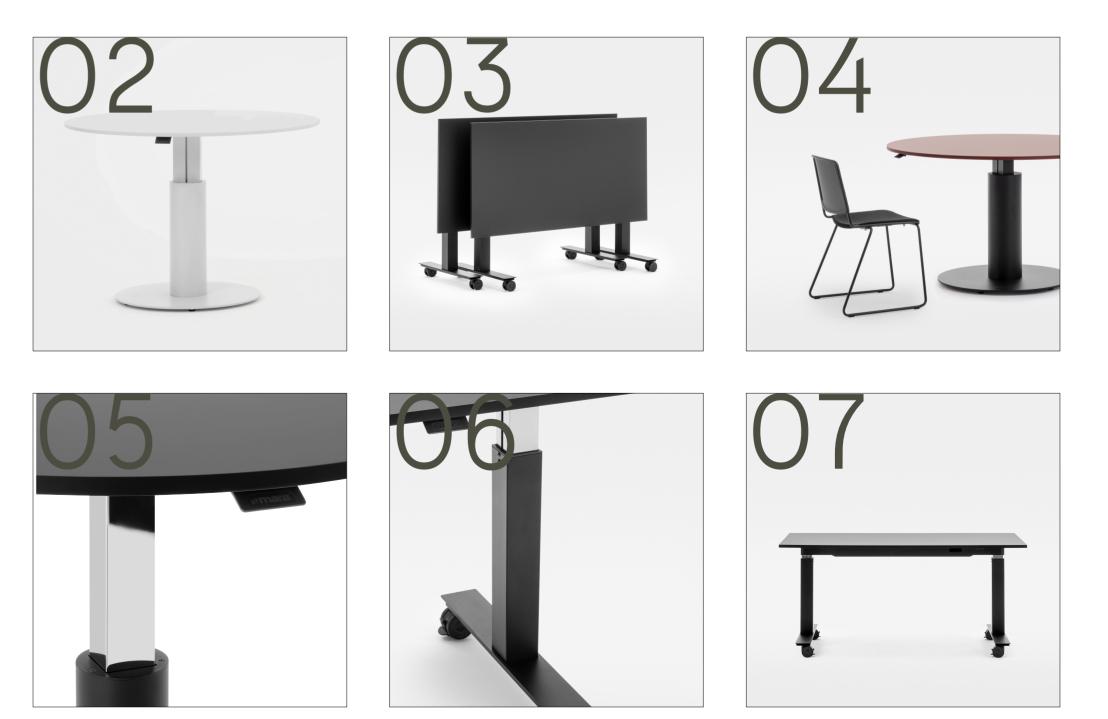
FOLLOW's easy to use sit-to-stand system provides you with the flexibility of a range of working heights, so you can work the way that suits you best.

# 06 Patented system

Mara's Patented Counterbalance system©® counterbalances the worktop without the use of electricity or gas pumps.

# 07 Elegantly powerful

With a range of optional power and data accessories, you can tailor the FOLLOW range to empower you. Consult our team at the RJ Office showroom to discover more about our range of options.







1. Tops

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# FOLLO WORKSTATIONS

# FOLLOW Tilt Table

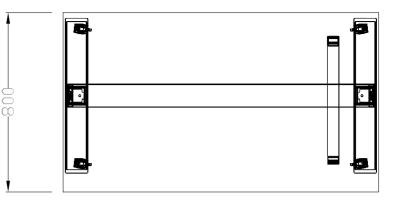
# Materials Information

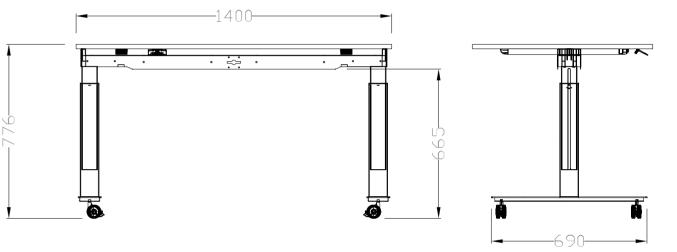
# 1. Tops

25mm commercial Melamine, Laminate or Veneer worktops. Solid wood or ABS edging.

# 2. Base and Frame

FOLLOW's Base and Frame are all manufactured using Powder-coated Steel. Powder-coated Steel legs, come in both white and black variations. Other Colours can be made available as specified.





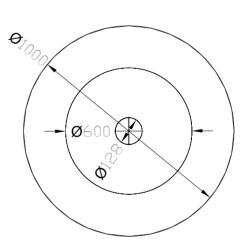
# FOLLOW Break Table

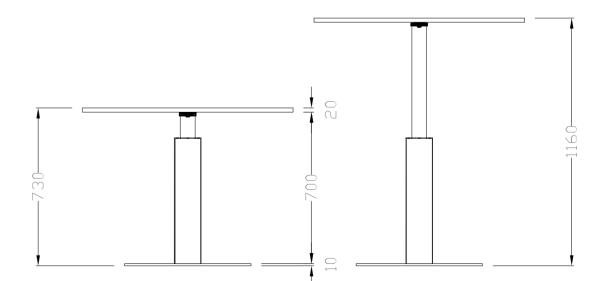
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# 1. Tops

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# FOLLOW WORKSTATIONS

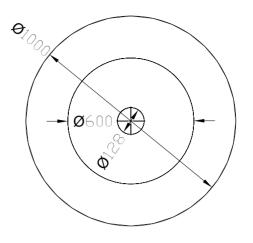
# FOLLOW Break Small Table

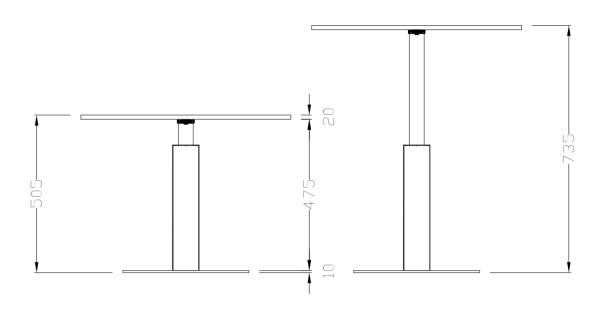
# Materials Information

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# 2. Base and Frame

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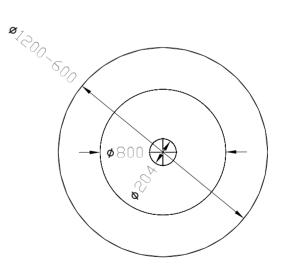
# FOLLOW Meeting Table

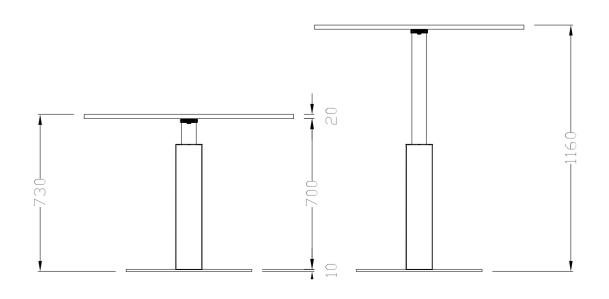
# Materials Information

25mm commercial Melamine, Laminate or Veneer worktops. Solid wood or ABS edging.

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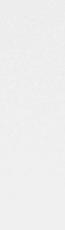


1. Tops

ABS edging.



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Adroit and versatile, FOLLOW yields the importance of adaptability for your own needs, offering a range of finishes and configurations to suit any office space.

25mm commercial Melamine, Laminate or Veneer worktops. Solid wood or



# 2. Base and Frame







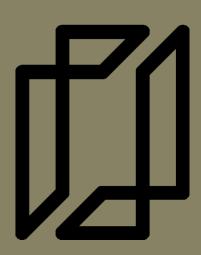
# SUSTAINABILITY POLICY



# ENVIRONMENTAL POLICY

# PRODUCT STEWARDSHIP POLICY

# SHOWROOM



# IMAGINE, INNOVATE, CREATE.



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